

NBSG Weekly Window vol.2

Executive:

President:

Neil
Hamilton,

Ph.604.
925.4711
Cell
604.306.
7437

realneil@roy
allepage.ca

V.P.:

Len Macht,

Ph:
604.988.523
1

LMacht@sha
w.ca

Sec. Editor

Norm
Accipiter

Ph: 604.
298.5240
Cell:
778.866.
6676

naccipiter @
hotmail.com

**Website
Admin.**

Sunny Chow

RiverStar
Web Design

604.436.
2333
sunnyc@rive
rstar.net



www.nsbsg.com

Mission Statement:

"To promote small business in general and specifically to aid, enhance and motivate each other in our respective business enterprises. Our desire is to expand the knowledge and personal network base of each and every one of our members and to make them better at what they do."

FIH and Dr.Linda Drake Demonstrate Advanced Therapy Methods

When one hears the term chiropractor, one immediately assumes someone who cracks bones; not necessarily so with Dr.Linda Drake.

The Foundation of Integrated Health is an organization made up of a group of specialists who focus their respective energies in healing the body in different ways.

Dr. Linda Drake, a chiropractor, uses neurosciences to assist her in determining where the patients' pain or discomfort exists, and what methods to use to ease that pain.

Quite often, a patient cannot easily describe the nature of their discomfort, yet can describe when it occurs. Dr. Drake then applies scientifically proven tests to recreate the occurrence, and then applies interesting methods to relieve the discomfort.

One such method is the use of a "cold Laser" device that focuses on, and then relieves the spot where the discomfort appears.

A volunteer was chosen at random for such a treatment, and remarked later how that pain was relieved.

The foundation also includes a therapist, acupuncturist, massage therapist, and other forms of personal and spiritual therapies.

For more information, visit their website:

<http://www.foundationforintegratedhealth.com/>

or call the Foundation at 604.988.7080.

Guests:

Tom Flood, Blue Lightning Lubricants Inc. 778.228.1755,
tom@bluelightningsupply.com

George Moen, Independent Distributor, Bi-Tron Marketing, 1.866.824.8559,
gmoen@magnoliamerc.com,
www.magnolia.bitronglobal.biz

Austin Nairn, Membership Services Coordinator, North Vancouver Chamber of Commerce, 604.987.4488,
info@nvchamber.bc.ca
www.nvchamber.bc.ca

Liz Southwick, NSlocal.com, 604.990.1631, liz@nslocal.com,
www.nslocal.com

Next Meetings:

Bella Candela Restaurant, Lonsdale and Esplanade.

November 15 – David Clarke-Smith, Second St. Merchants

November 22 – George Moen, Bi-Tron Marketing

November 29 - Bryan Yu, Canada Mortgage & Housing Corp. (CMHC)

December 6 - Nicklas Ehrlich, Foundation for Integrated Health

Anyone wishing to present a Focused Chat please contact Neil Hamilton.

Announcements: Carol Ships: Next Possible Social Event

The NSBSG Social Committee is hard at work planning our Christmas Social. So far, they are looking at the possibility of chartering a boat on the Carol Ships Cruise.

This would be a fully catered event with music and dancing, taking place in early December. The cost to attend would be approximately \$60 including GST.

Members are asked to contact any member of the committee to express their intent to join, so that they can get an approximate head count for feasibility concerns.

Our Social Committee is comprised of Gerry Scallion, Marion Maysenhoelder, Len Macht, and Pat Miller.

Acknowledgements:

The members wish to acknowledge the support of their colleagues and guests for either referrals resulting in leads, completed business, or the patronage of their respective business.

Neil Hamilton, Royal Lepage-N.Shore:

- **Jak Redenbach**, Architect, for on-going consultations with city hall for permits

Nelson Chow, Arbutus Insurance:

- **David Chin**, Associate Member, Junkyard Dawgs, for services

Jim Fitzpatrick, LJV Capital:

- Sunny Chow, RiverStar Web Design, for web design work
- Arnie Gauthier, datacom consultants, for IT support

Simeon Garriott, PPL Canada:

- Nelson Chow, Arbutus Insurance, for prompt service

Lorne Ferguson, Ferguson Moving and Storage:

- Angel Restoration,
- Kevin Middleton, MTS Sound, for participation in Canada Day activities on North Shore

Bill Baker, Willabeth Capital:

- All members who attended his wife's art exhibition and sale

Marion Maysenhoelder, INVIS:

- Jim Fitzpatrick for introducing her husband to his business network.

Bruce Duncan, HealthNow:

- Norm Accipiter and Nelson Chow for becoming new customers.

Dr.Linda Drake, FIH:

- Bailey Jung, Silver Bullet Shredding, for on-site shredding services

Kevin Middleton, MTS Sound:

- Amber Weland, VanCity, for finance assistance
- Bill Baker for providing contacts through his association with Kiwanis

Dave Watson, eXtra Contacts:

- Endorses work of Dr.Linda Drake, FIH, for her work on his wife.

Cam McLeod, Angel Restoration:

- Endorses Alvaro Peralta and the Bella Candela restaurant; will be booking Xmas Party with them

Len Macht, TGIF Singles:

- Arnie Gauthier, datacom consultants, for on going IT support
- Bailey Jung, Silver Bullet Shredding, for shredding 400lbs of paper on-site

Networking Events:

Burnaby Board of Trade

Tuesday November 14, 2006

November Networking Breakfast

Executive Hotel, 4201 Lougheed Hwy. Burnaby, BC 7:00 a.m. to 9:00 a.m

Registration fee: Before November 7

Members \$16

Non-members \$21

<http://www.burnabyboardoftrade.com/events1.html> - 2006-11-14262

Thursday November 23, 2006

Moving Beyond The Money: Is Your Firm an Employer of Choice?

7:00a.m.to 9:00a.m.

Executive Hotel Burnaby, 4201 Lougheed Hwy.

Tickets: Members \$20.00

Non-members \$25.00

Entrepreneurial Success Group

ESN Networking Social Evening:

Tuesday, November 28, 2006

5:30-7:30 pm

Empire Landmark Hotel

1400 Robson Street, Vancouver

Crystal Ballroom

Attend an evening of speed networking in a fun, social environment

Contact Deb Brown at 604.303.6580
info@esnorg.org
<http://www.esnorg.org>

Gracious Host

**First ever round table symposium on
“Mergers & Acquisitions in China”**
Terminal City Club Vancouver

Tuesday, November 21st, 2006,
8:45am-2pm

Terminal City Club
100-837 Hastings Street West
Tickets: \$180Cdn (include continental
breakfast, coffee break, executive lunch
+ copy of book on “Mergers and
Acquisitions in China”)

Registration: by Monday, Nov.13th.
Cecilia.cheng@stamfordlaw.com.sg
Fax: 604 9225350 attention: Marianne

**Making Magical Memories: Lessons
in Leadership - ISES Vancouver**

Thursday, November 15th, 2006
5pm – 9:30pm

The Empire Landmark
Crystal Ballroom
1400 Robson Street, Vancouver
Tickets: Members \$25, non-members
\$37
Registration: www.isesvancouver.com

**Canadian Restaurant and
Foodservices Association, Mark von
Schellwitz**
Vancouver AM Tourism Association
Learn about industry trends, the current
labour shortage and the effects some
laws could have on the tourism industry.

Friday, November 17th, 2006, 7am
AMBROZIA, 911 Denman St. (2nd
floor)

Tickets:
Members online registration \$20
Non-members online registration \$25
At door members \$20

[http://vancouveram.ca/main.jsp?p2=mod
ules/vam/event.jsp&id=19&back=](http://vancouveram.ca/main.jsp?p2=modules/vam/event.jsp&id=19&back=)

North Vancouver Chamber

Wednesday, November 22, 2006
8:00am - 9:30am

**AM Seminar-11 Steps to Maximize
Your Success At A Trade Show**
Randy Hnatko of the Sandler Institute
and President of Trainwest Management
and Consulting will be presenting
important tips

[http://www.nvchamber.ca/ecal_currentc
amberevents.php#83](http://www.nvchamber.ca/ecal_currentcamberevents.php#83)

Richmond Chamber

Thursday November 23, 2006
Networking Breakfast

Members \$13.00 plus GST
Non-Members \$18.00 plus GST
Registration 7:00 am
Breakfast & Networking 7:30 am
Quilchena Golf & Country Club,
3551 Granville Avenue
[http://www.richmondchamber.ca/events
1.html#2006-11-21220](http://www.richmondchamber.ca/events1.html#2006-11-21220)

**West Vancouver Chamber
Wednesday November 15, 2006
November Member Showcase**
And get together for Members & Non-
Members

5:00 - 7:00 pm
Steamworks West Brewing Co.,
The Village at Park Royal
900 Main Street, Unit C1
West Vancouver
(Located under the Lighthouse)

FREE - Advanced registration is required for appetizer preparation. Meet the Board and members in a social environment. Bring business cards to enter into the Door Prize draw
<http://www.westvanchamber.com/events1.html#2006-09-26206>

Resource Guide:

For a listing of members' web sites, please visit our website at
www.nbsbg.com

Online Business Webinars:

http://main.placeware.com/demos/web_seminar_archive.cfm

Chamber events:

http://www.hpmarketing.com/cgi-bin/events_calendar.cgi

High Tech:

High Tech Communicators Exchange
<http://www.htce.org/events.htm>
Vancouver Enterprise Forum –
Vancouver's High Tech networking forum:

<http://www.vef.org/web/EventDetails.asp?ProductID=82>

Maps and Directions:

<http://www.mapquest.com/>

Networking Database:

LinkedIn Resources: SONI Canada
<http://www.linkedin.com/home>

Job Boards:

<http://charityvillage.com/>,
<http://working.canada.com/vancouver/index.html>
<http://jb-ge.hrhc-drhc.gc.ca/>,
<http://regionhelpwanted.com/home/167.htm?sn=167>

FutureWorks - Wage Subsidy Program (& Job Board)

<http://fwt.bc.ca/>

Sales Coaching/ Consulting:

Fiona Walsh
FM Walsh & Associates
604-339-5706
www.fmwalsh.com

Social / Event Management:

<http://gracioushost.ca/>
www.perfectday.ca,
www.tgifbc.com,
<http://fairweathercruises.com/>

Urban Legends Reference Page:

<http://www.snopes.com/>

Yellow Pages Business Finder:

<http://www.yellowpages.ca/searchBusiness.do>

Miscellaneous:

<http://vancouver.craigslist.org/>
<http://www.soho.ca/>