

NSBSG Weekly Window vol.2

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Mission Statement:

"To promote small business in general and specifically to aid, enhance and motivate each other in our respective business enterprises. Our desire is to expand the knowledge and personal network base of each and every one of our members and to make them better at what they do."

Everyone at NSBSG expressed their thanks to Shannon and Lucia, and to White Spot in general for their continued hospitality.

NSBSG Gives Thanks To White Spot

Neil Hamilton, President of the NSBSG, made a special presentation to Shannon, Lucia and Dianne (in-absentia), our servers, to express our appreciation for their hard work in serving our standing room only meetings.

They work very hard in managing our crowd each week, getting our orders, and serving them while trying to learn everyone's name, let alone the new faces we meet every week.

Both Neil and Pat Miller were proactive in bringing thank you cards, one on behalf of all members, and the other signed by all members, presented to our servers.

CashFlowBC Helps Educate Business Owners

Francis Heng of CashFlowBC demonstrated how having fun helps business owners learn new ways to manage and grow their business.

One such demonstration was the task of visualization. This is an exercise where positive self-talk is employed to visualize where you want to be, and to be excited about getting there.

The exercise involved working in pairs where one person was the interviewer, and the other was the interviewee receiving an imaginary "Entrepreneur of the Year" award. The idea was to express your feelings about what it took

to achieve your goal, in a fun, lively, environment.

For more information about how CashFlowBC can help you achieve your goals, contact Francis Heng at 604.723.8315, or francis@cashflowbc.com.

NSBSG Member Installed As New President: Kiwanis

William Baker, CA, of Willabeth Capital has been appointed the new President of the Kiwanis-North Vancouver for 2006.

“The Kiwanis Club of North Vancouver is a strong, vibrant club and continues to make a positive difference in our community” stated incoming President Bill Baker. “We have an excellent leadership team that will ensure the Club continues the work of Kiwanis during the coming year and of course new members are always welcome” he added.

The Kiwanis Club of North Vancouver is a major player in the seniors housing market with over 330 housing units at three locations and another building currently under construction and is involved with a number of youth programs.

The Club meets every 1st and 3rd Tuesday of the month at Kiwanis Towers at 6:30 p.m.

Guests:

Mark Hood, Marketing consultant,
North Shore News, 604.998.3508,
mhood@nsnews.com

Sean Iles, Barrister and Solicitor,
604.261.5807,
grenada_sean@yahoo.com

Cindy Mischke, Proprietor, Secret Garden Landscaping & Design,
604.929.8509 cindymischke@aol.com

Francis Heng, President, CashFlowBC, Business Education, 604.723.8315,
francis@cashflowbc.com,
www.cashflowbc.com

Katya Zanrosso, Dirty Doggz Bath House, Dog Washing service
604.904.7444, Katya@dirtydoggz.ca

Shashank Hedao, Coast to Coast Provinces Plan, Benefits Plans
250.468.7780, Shashank@telus.net

New Members:

The Executive wishes to welcome the following new members; please let us know how the group can assist your business.

Mark Hood, Marketing Consultant,
North Shore News, 604.998.3508,
mhood@nsnews.com

Sean Iles, Barrister and Solicitor,
604.261.5807,
grenada_sean@yahoo.com

Foundation of Integrated Health (Various), 604.988.7080, fi@telus.net
www.foundationforintegratedhealth.com

Next Meetings:

Oct. 4th - Brandon Roe
Oct. 11th - Roy Prevost, Futurist
Oct. 18th - George Moen, Bitron Mktg Rewards
Oct. 25th - Murray Wood, Land Development/ Investing

Anyone wishing to present a Focused Chat after October 25, please contact Neil Hamilton.

Announcements:

Carol Ships Start Planning Season

Pat Miller of Fairweather cruises announced that planning has begun on the Carol Ships season, to be run from December 1 to 23, 2006.

More details will follow as they become available.

Social Committee Formed

The Executive is pleased to announce we have a Social Committee.

Gerry Scallion, Pat Miller and Marion Maysenhoelder and Len Macht are now our Social Committee who will assist Each other in organizing our Social Calendar

Each quarter, the group has social events marking special dates, such as Christmas, mid-summer, and mid-winter dates. Past events included the Fireworks Boat Cruise, Christmas Party, and Mid-Winter Social.

By forming a committee, it is hoped that the organizing and clean up of such events don't just fall on the shoulders of one person.

Acknowledgements:

The members wish to acknowledge the support of their colleagues and guests for either referrals resulting in leads, completed business, or the patronage of their respective business.

Len Macht of TGIF Singles-Vancouver:

- Jayme Knox, for re-branding, and design of TGIF Postcard
- Cindy Mischke, for landscaping
- Gerry Scallion and Bruce Duncan for referrals

Neil Hamilton, Royal Le Page,

- Simeon Garriott for creating NSBSG Banners
- Gerry Scallion for business opportunity

Wayne Keeler, Ferguson Moving and Storage,

- Simeon Garriott for a referral, resulting in a moving contract

Nelson Chow, Arbutus Insurance

- Bryn Hamilton for business

Bryn Hamilton, Investor's Group

- Nelson Chow, Arbutus Insurance, for last minute insurance renewal

Brian Pybus, K&G Debt

Consolidators:

- Barry Sharp, for advice
- Marion Maysenhoelder, for referral
- Endorses the work of Francis Heng of CashFlowBC

Amanda Lin, Jigsaw Services:

- Velia Tham, Gold ticket Travel for organizing one-day repositioning cruise from Seattle to Vancouver

Sean Iles:

- Gerry Scallion for referrals

Sunny Chow, RiverStar Web Solutions:

- Thanks Jayme Knox of Streetcards for business that resulted in two referrals

Networking Events:

Burnaby Board of Trade

**Tuesday October 10, 2006
October Networking Breakfast**

7a.m.- 9a.m.
Executive Hotel Burnaby,
4201 Lougheed Highway.

<http://www.burnabyboardoftrade.com/events1.html#2006-09-28256>

**Wednesday October 25, 2006
Small Business Week Breakfast:**

From Basement Business to Leading Worldwide Manufacturer featuring Sandra Wilson, Founder and Chair of Robeez Footwear.

7a.m.- 9a.m.
Executive Hotel Burnaby,
4201 Lougheed Highway

Tickets: Members \$20.00
Non-members \$25.00
Prices are exclusive of GST.

Entrepreneurial Success Group

**ESN Networking Social Evening:
Tuesday, November 7, 2006**

5:30-7:30 pm
Empire Landmark Hotel

1400 Robson Street, Vancouver
Crystal Ballroom

Attend an evening of speed networking in a fun, social environment

Contact Deb Brown at 604.303.6580
info@esnorg.org
<http://www.esnorg.org>

Fall Trade Fair

Thursday November 9, 2006

Empire Landmark Hotel,
Robson & Broughton, Vancouver

Contact Deb Brown at 604.303.6580
info@esnorg.org
<http://www.esnorg.org>

**North Vancouver Chamber
..connections simplified**

Thursday, October 12, 2006
7:15am - 9:00am
Guest Speaker: Harvest Project

http://www.nvchamber.ca/ecal_currentcamberevents.php#68

Richmond Chamber

**Thursday October 19, 2006
Networking Breakfast**

Tickets: Members \$13.00 Incl. GST
Non-Members \$18.00 Incl. GST

Quilchena Golf & Country Club, 3551
Granville Avenue

<http://www.richmondchamber.ca/events1.html#2006-10-16216>

SoHo.ca

SOHO SME Conference & Expo

Small Business Week's Premiere Event!

2 Cities - One day only!

Thursday, Oct. 12, 2006

Vancouver, BC

SOHO is pleased to kick-off Small Business Week with a special conference & tradeshow program for 2006.

Highlights include:

- 3000 attendees
- Exhibitors & Displays
- Keynote Presentations
- Ask the Expert Centre
- Business Gala reception
- CEO/Entrepreneur Spotlights
- Roundtable Networking sessions and more!

Conference & Tradeshow Program:

FREE to attend with online pre-registration (\$50 at the door)

[Click here for details and to register](#)

West Vancouver Chamber

<http://www.westvanchamber.com/events1.html#2006-09-26206>

Resource Guide:

For a listing of members' web sites, please visit our website at

www.nsbsg.com

Online Business Webinars:

http://main.placeware.com/demos/web_seminar_archive.cfm

Virtual Handshake – Online Business Book:

<http://thevirtualhandshake.com/free-book-download.htm>

Vancouver Enterprise Forum – Vancouver's High Tech networking forum:

<http://www.vef.org/web/EventDetails.asp?ProductID=82>

Chamber events:

http://www.hpmarketing.com/cgi-bin/events_calendar.cgi

Maps and Directions:

<http://www.mapquest.com/>

Networking Database:

LinkedIn Resources: SONI Canada

<http://www.atomiccreative.com/sonicanada.html>

<https://www.linkedin.com/home>

Job Boards:

<http://charityvillage.com/>,

<http://working.canada.com/vancouver/index.html>

<http://jb-ge.hrdc-drhc.gc.ca/>,

<http://regionalhelpwanted.com/home/167.htm?sn=167>

FutureWorks - Wage Subsidy Program (& Job Board)

<http://fwt.bc.ca/>

Sales Coaching/ Consulting:

Fiona Walsh

FM Walsh & Associates

604-339-5706

www.fmwalsh.com

Social / Event Management:

<http://gracioushost.ca/>

www.perfectday.ca, www.tgifbc.com,

<http://fairweathercruises.com/>

Urban Legends Reference Page:

<http://www.snopes.com/>

Yellow Pages Business Finder:

<http://www.yellowpages.ca/searchBusiness.do>

Miscellaneous:

<http://vancouver.craigslist.org/>

<http://www.soho.ca/>